

ISU Four Continents Figure Skating Championships 2026, Beijing, CHN

Wednesday January 21						Thursday January 22				Friday January 23			Saturday January 24			Sunday January 25			
MR	PR	Off-Ice	Off-Ice	Off-Ice	Off-Ice	MR	PR	Off-Ice	Off-Ice	MR	PR	Off-Ice	MR	Off-Ice	Off-Ice	MR	Off-Ice	Off-Ice	
06:00																			06:00
06:30													M 06:30			M 06:30			06:30
07:00													S 30' 07:10			F 35' 07:05			07:00
07:30																			07:30
08:00																			08:00
08:30																			08:30
09:00																			09:00
09:30	W 09:00 S/F 40' 1																		09:30
10:00																			10:00
10:30																			10:30
11:00																			11:00
11:30	D 11:00 R/F 30' 1																		11:30
12:00																			12:00
12:30																			12:30
13:00	P 12:50 S/F 30' 1																		13:00
13:30																			13:30
14:00																			14:00
14:30																			14:30
15:00	W 14:40 S/F 40' 1																		15:00
15:30																			15:30
16:00																			16:00
16:30																			16:30
17:00																			17:00
17:30																			17:30
18:00	M 17:40 S/F 40' 1																		18:00
18:30																			18:30
19:00																			19:00
19:30																			19:30
20:00																			20:00
20:30																			20:30
21:00																			21:00
21:30																			21:30
22:00																			22:00
22:30																			22:30
23:00																			23:00
23:30																			23:30

M

Men

W

Women

P

Pairs

D

Ice Dance

S

Short Program

R

Rhythm Dance

F

Free Skating/Dance

EXH

Exhibition

VC

Victory Ceremony

SM

Small Medals FS / FD

DR

Draw

JS

Judges Draw Seating Order

STO

Starting Order

IJM

Initial Judges Meeting

TPM

Technical Panel Meeting

RTD

Round Table Discussion

TPR

Technical Panel Review

MR

Main Rink

PR

Practice RinkIce ResurfacingGroup Change

*

Starting Order

as of: 06.01.2026
subject to changes